

## ACTIVITY AFTER SURGERY

DO

It is permissible to watch television, read and activity that not use much strength at least for 3month.



DONT

swimming, tennis, jogging, yoga and etc...or it may effect your operation site.



## REFERANCE:

- ◇ <https://www.glaucoma-association.com> > ... > Trabeculectomy
- ◇ <https://www.google.com/search?q&tbm=isch&imgil=aAHAwKGa8Ev4EM%253A%253BnDuQ87oNZ9LQFM%253Bhttp%25253A%25252F%25252Fsite.ma.oitsb.co>
- ◇ [www.webmd.com](http://www.webmd.com) > Eye Health

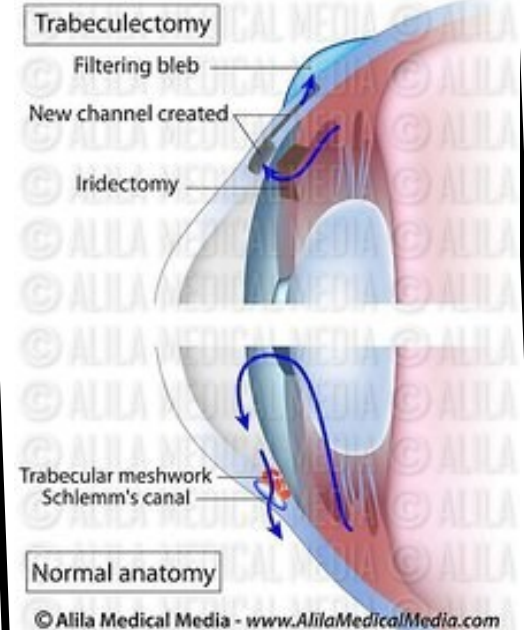


**Appreciate your eyes**



**UNIVERSITY  
OF MALAYA  
MEDICAL CENTRE**

## TRABECULECTOMY



# HOW IS THE PROCEDURE DONE

## What is a trabeculectomy?

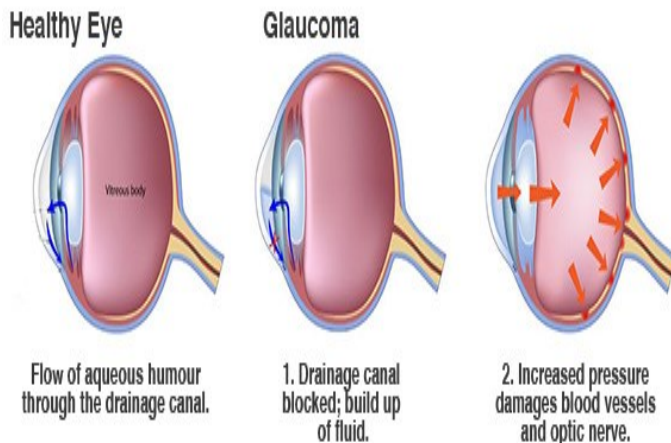
▶ ♦ Trabeculectomy is a surgical operation which lowers the intraocular pressure inside the eye (IOP) in patients with glaucoma.

♦ Trabeculectomy reduces the eye pressure by draining aqueous humour from the eye.

## ▶ What is a glaucoma?

♦ Glaucoma is often caused by high pressure inside the eye.

### Development of Glaucoma



### PRE OP

- ♦ If patients have the surgery performed under general anaesthesia, a pre-operative assessment of general health will be carried out just before surgery.
- ♦ Patients are asked to continue all drops and tablets in accordance with their normal treatment regimen until the morning of the operation.

### INTRA OP

- \* Trabeculectomy surgery is often performed under local anaesthesia, though it may also be performed under general anaesthesia.
- \* During surgery patients are covered by a sterile drape
- \* It is normal for the vision to be blurred.
- \* Patients will be aware of the surgeon working around the eye, but should not feel pain. In the event of any pain or discomfort .

### PRE OP

- The eye is normally padded after surgery
- Initially the eye is red and swollen to a variable degree after surgery.
- Patients are advised to ask a friend or relative to accompany them home after surgery, especially patients who have poor sight in the unoperated eye or those who have had general anaesthesia.
- The patient will also be asked to wear a shield at night for the first two weeks or so

