

DIABETES CARE UNIT INTERNATIONAL DIABETES FEDERATION- WESTERN PACIFIC REGION RECOGNISED DIABETIC FOOT CENTER (IDF-WPR DFC) AMBULATORY SERVICES DEPARTMENT OF NURSING UNIVERSITY MALAYA MEDICAL CENTER (UMMC) 4 WEEKS ATTACHMENT PROGRAMME FOR STAFFNURSES VENUE: UMMC 29th February – 25th March 2016 08.00 AM – 05.00 PM

Date & Time	Event/Program	Speaker	Remarks
DAY 1: Monday 29.2.2016 0800 – 0930hrs	 Registration of Participants Welcome Speech Photography Session 	Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/ Trainer Prof Alex Tan Tong Boon Head Of Diabetes Care Unit Endocrinologist Head of Nursing Department, UMMC	
0930 - 1000hrs		Tea Break	
1000 – 1130hrs	 Introduction to the attachment: Get to know each other Briefing of program/case study Q & A 	Puan Ng Mooi Eng Nursing Officer U42	
1130 - 1300hrs	 Introduction to Diabetic Foot Care Services in UMMC Role of the nurse in Diabetic Foot Care 	Program Coordinator/ Trainer	
1300 - 1400hrs		Lunch Break	
1400 – 1530hrs	Orientation to Diabetic Care Unit	Puan Ng Mooi Eng Nursing Officer U42	
1530 – 1700hrs	Orientation to UMMC-Related Areas	Sister Norhayati Mohamad Ketua Jururawat U32	

Date & Time	Event/Program	Speaker	Remarks
DAY 2:		Fasilitators:	
Tuesday	4 Practical In Diabetic Foot Care	 Puan Ng Mooi Eng 	
1.3.2016	History Taking and Observation	 S/N Mayang Mohd Nor U32(KUP) 	
0800-1300hrs	4 Diabetic Foot Assessment	 S/N Rosnah Supaat U32(KUP) 	
	4 Vascular Assessment	 S/N Zahidah Azmi U29 	
	4 Neurological Assessment	 S/N Nor Syahirah Zainal U29 	
	4 Case Study		
1300 -1400hrs		Lunch Break	
1400 - 1500hrs	4 Lecture: Updates on management	Prof Alex Tan Tong Boon	
	of type 2 Diabetes	Endocrinologist	
		Head Of Diabetes Care Unit	
1500 – 1600hrs		Dr. Rukmani Kanthan	
1500 - 1000 ms	Lecture:		
	Anatomy & Physiology of The	Senior Lecturer	
1(00 1(20)	Foot	Orthopaedic Surgery Department	
1600 - 1630hrs	Tea Break		
1630 – 1700hrs	Reflections / Feedback	Fasilitator:	
		 Puan Ng Mooi Eng 	
		Nursing Officer U42	
		Program Coordinator/Trainer	

Date & Time	Event/Program	Speaker	Remarks
DAY 3: Wednesday 2.3.2016 0800 – 1300hrs 1300 -1400hrs 1400 – 1500hrs	 Event/Program Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wourological Assessment Foot S & Callous Debridement Wound Management Foot Care & Foot Wear Education Case Study 	Speaker Fasilitators: • • Puan Ng Mooi Eng • S/N Rosnah Supaat U32(KUP) • S/N Rosnah Supaat U32(KUP) • S/N Zahidah Azmi U29 • S/N Nor Syahirah Zainal U29 Lunch Break Easilitators: • Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer • S/N Mayang Mohd Nor U32(KUP) • S/N Rosnah Supaat U32(KUP)	
1500–1600hrs	 Lecture: Neurology & Vascularity of The Foot 	Dr. Rukmani Kanthan Senior Lecturer Orthopaedic Surgery Department	
1600- 1630	Tea Break		
1630-1700hrs	Reflections / Feedback	 Fasilitator: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 4: Thursday 3.3.2016 0800- 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Foot Care & Foot Wear Education Case Study 	Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29	
1300-1400hrs 1400 – 1500hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Case Study 	Lunch Break <u>Fasilitators:</u> • Puan Ng Mooi Eng S/N Mayang Mohd Nor U32(KUP) • S/N Rosnah Supaat U32(KUP) • S/N Zahidah Azmi U29 • S/N Nor Syahirah Zainal U29	
1500 - 1600hrs	 Lecture: Rehab Management of Diabetic Foot Complications 	Dr. Chung Tze Yang Senior Lecturer Medical Rehabilitation Department	
<u>1600 – 1630hrs</u> 1630 – 1700hrs		 <u>Fasilitator:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 5 Friday 4.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Foot Care & Foot Wear Education Case Study 	Fasilitators:• Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer• S/N Mayang Mohd Nor U32(KUP)• S/N Rosnah Supaat U32(KUP)• S/N Rosnah Supaat U32(KUP)• S/N Zahidah Azmi U29• S/N Nor Syahirah Zainal U29	
1300 - 1400hrs 1400 - 1500hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Foot Care & Foot Wear Education Case Study 	Lunch BreakFasilitators:• Puan Ng Mooi EngNursing Officer U42Program Coordinator/Trainer• S/N Mayang Mohd NorU32(KUP)• S/N Rosnah Supaat U32(KUP)• S/N Zahidah Azmi U29• S/N Nor Syahirah Zainal U29	
1500 - 1600hrs	 Lecture: Orthopaedic Management of Diabetic Foot Complications 	Dr.RukmaniKanthan AL Shanmugam Senior Lecturer Orthopaedic Surgery Department	
<u>1600 – 1630hrs</u> 1630 – 1700hrs	<u> </u>	Fasilitator: ■ Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer	

Date & Time	Event/Program	Speaker	Remarks
DAY 6 Monday 7.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1300-1400hrs		Lunch Break	
1400 – 1500hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1500 - 1600hrs	 Lecture: Holistic Wound Care For Diabetic Foot Ulcer 	Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/ Trainer	
1600 - 1630hrs	➡ <u>Tea Break</u>		
1630 – 1700hrs	Reflections / Feedback	 <u>Fasilitator:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 7 Tuesday 8.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1300 - 1400hrs		Lunch Break	I
1400 – 1500hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Paizah Mat U32(KUP) S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 	
1500 - 1600hrs	 Lecture: Role of Orthotics in Diabetic Foot 	Dr Sadeeq Bin Ali Certified Prosthetic & orthotic	
1600 – 1630hrs	↓ <u>Tea Break</u>		
1630-1700hrs	Reflections / Feedback	 Fasilitator: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 8 Wednesday 9.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1300 -1400hrs		Lunch Break	
1400 – 1500hrs	 Practical In Diabetic Foot Care Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1500 – 1600hrs	 Lecture: Foot Care and Foot Wear Education 	Puan Ng Mooi Eng Nursing Officer U42 Department of Nursing Program Coordinator/ Trainer	
1600 - 1630hrs	<u> Tea Break</u>		
1630 – 1700hrs	Reflections / Feedback	 <u>Fasilitator:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 9 Thursday 10.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1300-1400hrs 1400 – 1500hrs	Lunch Break Practical In Diabetic Foot Care Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding for Offloading Foot Care & Foot Wear Education Case Study	Fasilitators:• Puan Ng Mooi EngNursing Officer U42Program Coordinator/Trainer• S/N Mayang Mohd NorU32(KUP)• S/N Rosnah Supaat U32(KUP)• S/N Zahidah Azmi U29• S/N Nor Syahirah Zainal U29	
1500 - 1600hrs	Lecture: Foot Exercises	S/N Mayang Mohd Nor U32(KUP)	
1600 – 1630hrs 1630 – 1700hrs	<u> </u>	 <u>Fasilitator:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 10 FRIDAY 11.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1300-1400hrs 1400 – 1500hrs	 Case Study Practical In Diabetic Foot Care Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding for Offloading Foot Care & Foot Wear Education Case Study 	Lunch break <u>Fasilitators:</u> • Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer • S/N Mayang Mohd Nor U32(KUP) • S/N Rosnah Supaat U32(KUP) • S/N Zahidah Azmi U29 • S/N Nor Syahirah Zainal U29	
1500 - 1600hrs	 Lecture: Prevention of Diabetic Foot Ulcer 	Puan Ng Mooi Eng Nursing Officer U42 Department of Nursing Program Coordinator/ Trainer	
1600 – 1630hrs	♣ <u>Tea Break</u>		
1630 – 1700hrs	Reflections / Feedback	 <u>Fasilitator:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer 	

Date & Time	Event/Program	Speaker	Remarks
DAY 11 – 15	Attachment in Orthopaedic Clinic	Fasilitators	
0800 - 1300hrs	Attachment In Orthopaedic Wound	S/N Seha U32(KUP)	
	Treatment Clinic	S/N Rozita U32(KUP)	
1300 - 1400hrs		Lunch break	
1400 – 1630hrs	Attachment in Orthopaedic Clinic	Fasilitators	
	Attachment In Orthopaedic Wound	S/N Seha U32(KUP)	
	Treatment Clinic	S/N Rozita U32(KUP)	
1630 – 1700hrs	Reflections / Feedback	Fasilitator:	
		Puan Ng Mooi Eng	
		Nursing Officer U42	
		Program Coordinator/Trainer	

Date & Time	Event/Program	Speaker	Remarks
DAY 16-17 0800 – 1300hrs	Attachment with Diabetic Educators	Fasilitators: S/N Cheah Kit Yoong S/N Suriyani Yahaya	
1300 - 1400hrs		Lunch Break	
1400 – 1530hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	 <u>Fasilitators:</u> Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U29 	
1530 - 1600hrs	븆 Tea Break		
1600 – 1700hrs	Reflections / Feedback	Fasilitator: ■ Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer	

Date & Time	Event/Program	Speaker	Remarks
DAY 18 -19	Attachment with Diabetic	Fasilitators:	
0800 – 1300hrs	Educators	 S/N Kamaljit Kaur U32(KUP) 	
		 S/N Norafizah bt Alias U32(KUP) 	
1300-1400hrs		Lunch break	
1400 – 1530hrs	4 Practical In Diabetic Foot Care	Fasilitators:	
	4 Nails Trimming, Filing &	Puan Ng Mooi Eng	
	Burring	Nursing Officer U42	
	4 Corns & Callous Debridement	Program Coordinator/Trainer	
	4 Wound Management	 S/N Mayang Mohd Nor 	
	Padding for Offloading	U32(KUP)	
	4 Foot Care & Foot Wear	 S/N Rosnah Supaat U32(KUP) 	
	Education	 S/N Zahidah Azmi U29 	
	4 Case Study	 S/N Nor Syahirah Zainal U29 	
1530 – 1600hrs	븆 Tea Break		
1600 – 1700hrs	Reflections / Feedback	Fasilitator:	
		Puan Ng Mooi Eng, Nursing Officer	
		U42, Program Coordinator/Trainer	

Date & Time	Event/Program	Speaker	Remarks
DAY 19 Thursday 24.3.2016 0800 – 1300hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study 	FasilitatorsPuan Ng Mooi EngNursing Officer U42Program Coordinator/Trainer• S/N Mayang Mohd NorU32(KUP)• S/N Rosnah Supaat U32(KUP)• S/N Zahidah Azmi U29• S/N Nor Syahirah Zainal U29	
1300-1400hrs		Lunch break	
1400 – 1500hrs	 Practical In Diabetic Foot Care Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding for Offloading Foot Care & Foot Wear Education Case Study 	 Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer S/N Mayang Mohd Nor U32(KUP) S/N Rosnah Supaat U32(KUP) S/N Zahidah Azmi U29 S/N Nor Syahirah Zainal U2 	
1500 – 1530hrs	∔ Tea Break		
1530 - 1700hrs	Reflections / Feedback	Fasilitators: Puan Ng Mooi Eng	

Date & Time	Event/Program	Speaker	Remarks
DAY 20 Friday 25.3.2016 0800 – 1300hrs 1300 – 1400hrs 1400 – 1700hrs	 Practical In Diabetic Foot Care Diabetic Foot Assessment Vascular Assessment Neurological Assessment Nails Trimming, Filing & Burring Corns & Callous Debridement Wound Management Padding / Orthotics for Offloading Foot Care & Foot Wear Education Case Study Case Studies Presentation Feedback from Program Coordinator and Preceptors. Evaluations from Participants Presentation of certificates 	Speared Fasilitators: • Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer • S/N Mayang Mohd Nor U32(KUP) • S/N Rosnah Supaat U32(KUP) • S/N Zahidah Azmi U29 • S/N Nor Syahirah Zainal U29 • Lunch break Fasilitators: Puan Ng Mooi Eng Nursing Officer U42 Program Coordinator/Trainer • S/N Mayang Mohd Nor U32(KUP) • S/N Rosnah Supaat U32(KUP) • S/N Nor Syahirah Zainal U29 • PEGAWAI KEJURURAWATAN KANAN	
1700hrs	🖊 Tea Break		