



LARIAN KARDIO PPUM 2007

BORANG PENYERTAAN INDIVIDU / INDIVIDUAL ENTRY FORM

DATE OF COMPETITION: Ahad / Sunday, September 2, 2007

PLACE: Pusat Sukan / Sports Centre, Universiti Malaya

REPORTING TIME: 5:30am – 7:00am

Kod Code	Kategori Category	Tanda ✓ Tick	Hadiah Tunai Cash Prize		
			1 st	2 nd	3 rd
A	Lelaki Terbuka (18 ke 39 tahun) <i>Men Open (Age 18 to 39)</i>		RM500	RM300	RM200
B	Lelaki Senior (40 ke atas) <i>Men Senior (40 and above)</i>		RM500	RM300	RM200
C	Wanita terbuka (18 ke 34 tahun) <i>Female Open (Age 18 to 34)</i>		RM500	RM300	RM200
D	Wanita Senior (35 ke atas) <i>Women Senior (35 and above)</i>		RM500	RM300	RM200

NAMA PENUH / FULL NAME

ALAMAT / ADDRESS

POS KOD / POST CODE

TEL

E-MEL / EMAIL

UMUR / AGE

JANTINA / SEX

NO. KP/PASPORT / I.C/PASSPORT NO.

TARIKH LAHIR (DDMMYY) / DATE OF BIRTH

Dengan ini saya sertakan Wang Tunai / Wang Pos / Kiriman Pos/Cek No: _____ bernilai RM _____ bagi bayaran penyertaan untuk UMMC Run 2007.

Herewith I enclose Cash / Money Order / Postal Order / Cheque (crossed) _____ amounting to RM _____ as entry fee for UMMC Run 2007.

PENGIKTIRAFAN TARAF AMATUR / DECLARATION OF AMATEUR STATUS

Saya menyertai pertandingan ini di atas risiko sendiri terhadap sebarang kecederaan, kemalangan, atau kematian atas sebab-sebab tertentu sebelum, semasa atau selepas larian.

I certify that I am entering the competition at my own risk and shall not hold the organizers responsible for any injury, accident or death before, during or after the run.

Tandatangan / Signature :

Tarikh / Date:

For Office Use

RULES & REGULATIONS / PERATURAN- PERATURAN

1. Pertandingan ini diadakan di bawah peraturan-peraturan PPUM seperti tertera di bawah.

This run is organised under PPUM's rules & regulations as below.

2. Pertandingan ini dibuka kepada semua peserta berumur 18 tahun ke atas pada September 2, 2007.

This run is open to all participants 18 years & above as at September 2, 2007.

3. Please make all Money Order/Cheques (crossed) payable and address to

Larian Kardio (PPUM)
PTJ Sumber Kewangan
Tingkat 14, Menara Utama
Pusat Perubatan Universiti Malaya
59100 Kuala Lumpur

4. Borang pendaftaran serta bayaran (*dalam cek, Wang POS Malaysia*) boleh dihantar terus ke Sekretariat Larian Kardio PPUM, P O Box 43, Jln Klang Lama, 58700 KL, tel: 03.8075.6000; ataupun Pendaftaran serta bayaran juga boleh dibuat di kaunter pertanyaan PPUM dari Julai 15, 2007

Completed registration forms with payment (cheque, money order) are to be sent to Larian Kardio PPUM Secretariat, P O Box 43, Jln Klang Lama, 58700 KL, tel: 03.8075.6000 or registration and payment can also be made at the information counter in PPUM from July 15, 2007.

5. Nombor-nombor akan diberi sehari sebelum pertandingan di kaunter pertanyaan PPUM dan pada hari pertandingan.

Runners' numbers can be collected at the PPUM information counter a day before the run day or on the run day.

Baju-T akan diberi pada hari pertandingan (September 2, 2007) selepas larian berakhir.

T-shirts will be given after the run on September 2, 2007.

6. Yuran Masuk / Entry Fee

Kategori/Category	Yuran/Fee (RM)
Pelajar/Student	RM10
Orang Awam/Public	RM15

7. Kemeja-T adalah terhad kepada 1,000 peserta pertama dan akan diedarkan kepada peserta selepas larian.

T-shirts are limited to first 1,000 participants only and will be distributed immediately after the race.

8. Pengesahan Tarikh Lahir – Pemenang- pemenang tempat Pertama hingga ke sepuluh dalam setiap kategori mesti mengemukakan kad pengenalan atau lain-lain dokumen sebagai bukti untuk mengesahkan tarikh lahir mereka kepada pegawai pertandingan.

Verification of Date-of-Birth: First to 10th Placing winners for each category must provide identification card or other supporting documents as proof to officers for verification.



Larian Kardio PPUM2007

Route Map

